Tel: 020 8514 8099

LAST ENTRY 05:30pm

Mon-Fri: 09:15am - 05:45pm

: 09:15am - 05:45pm

: 10:15am - 05:45pm

Compare Us...

Manor Park
London E12 6BU
See How Much You

**Upton Park** Tel: 020 8471 5051

#### **LAST ENTRY 05:15pm**

Mon-Fri: 09:30am - 05:30pm : 09:30am - 05:30pm : 10:15am - 05:30pm

Kastur Rice

10kg

Save £3.51

Was £17.50

Golden Sella Extra Long Basmati Rice

10kg

Save **£2.4**9

Was £14.99

#### Almonds

700g

Save **E1.0**0

Was £4.99

Save £4.98

Was £14.97

#### umbo Pistachio

**Roasted & Salted** 

700g

Save **£1.4**9

Was £7.99

### Mustard Seeds Brown

1ka

Save **75p** 

Was £2.25

#### Walnuts Kernels

500a

Save £1.49

Was £6.99

# Ajwain Seeds

800g

Save £1.00

Was £4.25

### Red Kidney Beans

2kq

Save £1.00

Was £4.50

# Golden Sultana

800a

Save 74p

Was £3.99

# Shankar Rava

(Idly / Uppuma / Roasted / Unroasted

1kg

Save 44p

Was £1.79

## Green Cardamom

200g

Save

£2.00

Was £7.99

# **KTC Chick Peas Tins**

12x400g

Save 51p

Was £3.50

# Flour Delfini Plain / Self Raising

When it's gone it's gone! 1kg

Save £1.26

Was £1.45

# Semolina Course / Fine

1.5kg

Save **50p** 

Was £1.85

# Chana Dal

(Family Value)

Save £1.00

Was £2.99

# Red Lentils

(Masoor Dall)

2kg

Save 74p

Was £2.99

# **Cumin Seeds**

(Jeera)

Save

£1.26

Was £4.25

#### **Coriander Seeds**

(Dhaniya)

800g

Save £1.25

Was £3.75

# Cloves

600g

Save

£2.49

Was £7.99

### KTC Pure Butter Ghee

2kg

Save £1.49

Was £10.99

# Kasturi Besan

Save £1.00

Was £3.50

# lalali Besan

2kg

Save £1.00

Was £2.75

#### Cumin Powder Coriander Powder (leera Powder)

1kg

Save £1.25

Was £4.50

# (Dhana Powder)

800g

Save **76**p

Was £2.75

#### Toor Da Oily / Plain

Save 75p

Was £3.25

### Turmeric Powder (Haldi Powder)

1kg

Save

Was £2.99

#### Coconut Dessicated

700q Save

75p

Was £3.50

#### Milk Powder

800g

Save **75p** 

Was £4.25

All offer shown are subject to availability and price subject to change Without Prior Notice E & O.E